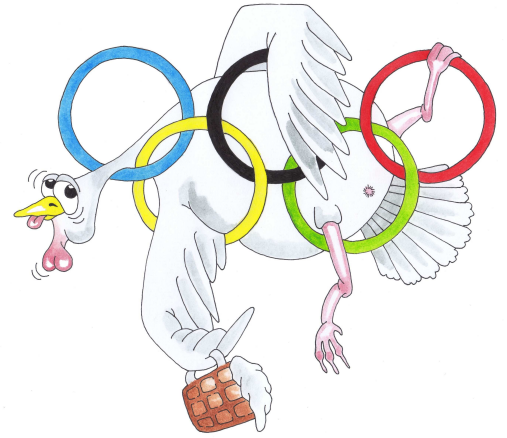


# Norfolk Hash House Harriers

## 1500<sup>th</sup> Run



### Paralytic Olympics

Hingham Sports & Social Club, NR9 4HB  
17 – 19 August 2012

On site camping, **SUBSIDISED BAR**, 2 evening meals, 2 packed lunches, 2 breakfasts, evening entertainment and commemorative T-shirt

PLEASE COMPLETE AND RETURN ONE FORM PER PERSON  
AND TICK OPTIONS WHERE APPROPRIATE

Real name	Male	Female	GM	RA	First Aider
Hash name	Home Hash				
Address	Any medical conditions/allergies we need to know about?				
Phone No.	Emergency contact name				
Mobile	Emergency contact no.				
Email (please print very clearly)					
Fodder:	Meat	Veggie	Other: please specify		
Drink:	Ale	Cider	White Wine	Red Wine	Softies
T Shirt:	XXL	XL	L	M	S
What length of Saturday trail would you like to do?				Short	Long
Will you be staying for the short Sunday hangover run?				Yes	No

#### PRICE AND HOW TO PAY

**£50 until 5 April 2012**

**£65 thereafter**

Hash Horrors under 5 years - free of charge

Please send your completed form and cheque (made payable to Norfolk Hash House Harriers) to Catherine "Firm But" Gilbey, 37 Rosebay Close, Norwich, NR6 6DX

Any queries please contact Bumhead or Firm But on 01603 401460

**Disclaimer and Liability Waiver:** Norfolk Hash House Harriers ("NH3") will not accept any liability or responsibility for any loss, damage, injury or trauma howsoever caused or sustained by any participant in any events associated with them. In order to participate in this event, participants expressly waive their rights to pursue NH3 and those who have organised the event and those associated with the event. Participants are deemed to agree with this liability waiver and to indemnify NH3 against any claims, costs and damages.

Signature \_\_\_\_\_

Date \_\_\_\_\_

Admin use only (Date rec'd) \_\_\_\_\_